



VILLAGERS' NEWS

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October 2019

National Family Sexuality Education Month

Dr. Sol Gordon while at the Institute of Family Research and Education created National Family Sexuality Education Month in 1975. The purpose is to spread the education about activities promoting family education about sexuality and to support parents as they teach their children about sexuality.

Many parents avoid talking openly about sex and health with their children because they are embarrassed or do not know how to begin the conversation. This absence in our sex-obsessed culture leaves children vulnerable to the unrealistic sexual messages they get from advertising, music, and video every day.

Engage in conversations. #FamilySexualityEducationMonth can be posted on social media.

- ◆ Keep the message positive. There is more to sexuality than the risks. Teach children to appreciate their bodies, treat others with respect, and express love while keeping their values in mind.
- ◆ Build their self-esteem and respect their privacy as much as you value yours.
- ◆ Do not use scare tactics to attempt to keep your children from being sexually active because they will not work.
- ◆ Ensure the conversation is two-way. Allow children to ask questions and ask them how they are feeling. Your ability to be transparent helps children to share openly.



Board Members

Samuel Tramel, Chair
Vera Johnson
Tonya Logan
Michelle Neal
Scott Perry

Some men see things the way they are and ask, "Why?" I dream things that never were, and ask "Why not?"

~George Bernard Shaw

Did you know?

- ◆ An ostrich's eye is bigger than its brain
- ◆ 11% of people are left handed
- ◆ The Hawaiian alphabet has 13 letters



Clean Humor

"What am I supposed to do with this?" grumbled a motorist as the policeman handed him a speeding ticket.

"Keep it," the cop said, "when you collect four of them you get a bicycle."

Conversation Starters

Thought-Provoking

Name 5 reasons you are glad to be alive. Describe your ideal vacation if money was not a factor.

Values and Character

What traits do you admire most about others and why? Do you have those traits?

School/Work

Who was your favorite teacher/boss and why? What do you like best/least about your school/job?

Emotions

When you feel a strong emotion, what is the best way for you and others to respond? How do I handle big emotions?

Love and Sex

How does someone know they are in love? How will you know when you are ready to marry?

TV-Free Activity: Wordgrams

Mark off a piece of paper with a 10-by-10 square grid. Create find-a-word puzzles by placing words forwards, backwards, vertically, and diagonally allowing the words to intersect. Suggest themes. Fill in all of the blanks with random letters and give to loved ones.

Ways to Help Us Help Others

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We accept cars, cell phones, laptops, iPods, empty inkjet and laser printer cartridges, GPS devices, MP3 players, and digital cameras.



Seminars & Events

[http://
kaylasvillage.org/
seminars__events](http://kaylasvillage.org/seminars__events)

October 14, 2019
Social Work Supervision

October 23, 2019
Ethics of Supervision

October 25, 2019
ACEs

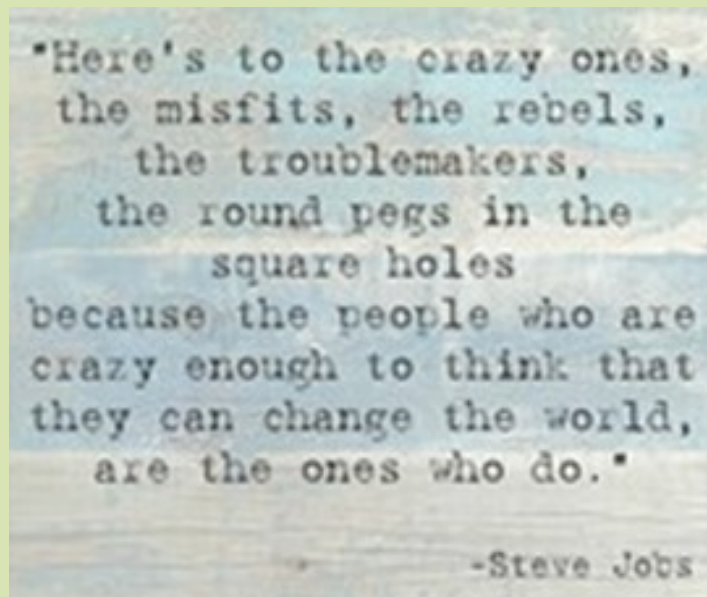
October 26, 2019
Movie: Into the Wild

October 27, 2019
Movie: Ma Vie en Rose

October 28, 2019
Supervision Skills



Personalized,
signed copies
available for \$15
(\$5.00 additional shipping)



Inspiration

Video: *Nick Vujicic: Life Without Limbs*

<https://www.youtube.com/watch?V=PEBU3nCf64A>

Story: *Laziness Won't Get You Anywhere*

In ancient times, a king had his men place a boulder on a roadway. He then hid in the bushes, and watched to see if anyone would move the boulder out of the way. Some of the king's wealthiest merchants and courtiers passed by and simply walked around it.

Many people blamed the King for not keeping the roads clear, but none of them did anything about getting the stone removed.

One day, a peasant came along carrying vegetables. Upon approaching the boulder, the peasant laid down his burden and tried to push the stone out of the way. After much pushing and straining, he finally managed.

After the peasant went back to pick up his vegetables, he noticed a purse lying in the road where the boulder had been. The purse contained many gold coins and a note from the King explaining that the gold was for the person who removed the boulder from the road.

Supporter Spotlight: Frances A. James



Frances A. James, LICSW, LCSW-C, has her own consultant and training business, FAJ, Inc. Training topics include ethics, supervision, geriatrics, etc. as well as a one-day and six-week licensing preparatory class for social worker to provide techniques and strategies to pass the licensing exam. Frances has been a professor at American University, The University of the District of Columbia, Grambling University, Southern University, and The Catholic University of America.

A native Washingtonian, Frances' parents will celebrate their 60th wedding anniversary on October 24, 2019. A childhood next-door neighbor was the director of the YWCA on Rhode Island Avenue. She inspired Frances to work with the disadvantaged and encouraged her to do better and help others. This neighbor was her "pay it forward" person. Frances served the intellectually disabled population until seeking a graduate degree six months later to explore her interest in hospital social work.

Frances enjoys the variety her many jobs offer. Teaching allows her to inform her students that a license in social work has few limits. Frances conducts home visits with seniors to connect them with community resources and provide therapy. In the emergency room, she helps those in crisis situations.

To describe her personality, Frances shared she is funny, friendly, giving, "blunt at times to a fault," candid, motivated, ambitious, innovative, and a thinker. Her interests and hobbies are gambling, reading, traveling, napping, eating out, and planning activities for herself and others. Little known facts are that she would like to obtain a doctorate in gerontology, is an introvert at heart, and would like to be a stand up comedienne.

Frances has been affiliated with Kayla's Village since its inception. She stated,

I have seen Kayla's Village grow so much since the beginning. I am so proud of Tonya. Kayla's Village has afforded so many the opportunity to complete their goals and learn in an innovative way besides sitting in boring classrooms. I am also grateful that Tonya has allowed me the opportunity to be creative and develop my training skills in an 'out-of-the-box' style that has allowed me to enhance my career in countless ways. For that I say thanks to Tonya and Kayla's Village.

A favorite quote, "Live your life to the fullest for life is too short." Frances renews herself by travelling at least monthly for pleasure whether a weekend or a week. Reading helps her to rest her mind consistently. Frances enjoys spending time with her parents, husband, and three dogs. She seeks to spend more time with her children, both of whom are in attending graduate school and are employed.