



VILLAGERS' NEWS

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Revise Your Work Schedule Month

Time management is less about how to get more done and more about how to make time for what is fulfilling. Begin by accepting that everything you spend your time on is about choice. Make each choice more intentional. These questions may help to evaluate whether or not you are going to spend time on something before you choose to do it.

TIME MANAGEMENT HABIT #1

Do I have to do it or want to do it?

If it has to be done, does it have to be done by me?

If it has to be done, can it be done in a more streamlined way to save time?

If it has to be done, by when?

Can it be postponed without negative consequences?

TIME MANAGEMENT HABIT #2

What do I need or want to do that I seem never to have time to do?

Once you have eliminated items that you do not have to do, find a realistic block of time to schedule something that has been waiting for you.

Imagine what you can do with an extra 15 minutes a day.

TIME MANAGEMENT HABIT #3

Planning is critical to revising your work schedule effectively. Commit to a regular planning time every day. Write that into your schedule with no excuses. At the end of every work day, spend about 15 minutes reviewing what needs to be re-prioritized and look at what is on your calendar for the next 2 to 3 days. This habit will make the next day feel much more organized.

Testimonials ~

I enjoyed the information in the newsletter. Thanks for making this available to the community.

The presenter did a great job!
Would recommend 10/10.

The webinar was wonderful and informative.

Loved it today. Being a social worker is the best! These trainings always make me feel connected!

One of the best webinars where participants felt quite comfortable to interact with the group. Very informative with good exercises. While familiar with the Johari Window, I now have a much better understanding. Thanks!

I appreciate all Kayla's Village does here and in the mission fields! Appreciate your webinars. Great and so helpful.

Board Members

Scott Perry, Chair

Tonya Logan

Michelle Neal

Samuel Tramel

**seeking board members*

Editor

Janet Holmes

Did you know?

- Each time you see a full moon, you see the same side
- Stewardesses is the longest word that is typed with only the left hand
- Honey is the only natural food which never spoils
- M&M's chocolate stands for the initials for its inventors, Mars and Murrie
- You burn more calories eating celery than it contains



Clean Humor



- Q: What is the best day to go to the beach?
A: Sunday, of course!
- Q: What bow can't be tied?
A: A rainbow!
- Q: How does a dog stop a video?
A: By hitting the paws button!
- Q: People think "icy" is the easiest word to spell.
A: Come to think of it, I see why.

**“YOU
ARE ONLY
CONFINED
BY THE WALLS
YOU BUILD
YOURSELF”**

TV-Free Activity: Uncrackable Egg

We usually think of eggs as being fragile. Using only one hand and applying equal pressure on all sides, try to crack a raw egg. A structurally sound egg will remain intact. Eggs are built to take pressure — like having a hen sit on it! Hold the egg up to a strong light to check for faults.

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Inspiration

Video:

"Success is a Continuous Journey"

<https://youtu.be/CgNx9Bgac1I>

Story:

"Ignore the Haters"

"A group of frogs were traveling through the forest when two of them fell into a deep pit. When the other frogs saw how deep the pit was, they told the two frogs that there was no hope left for them.

However, the two frogs ignored their comrades and thus proceeded to try to jump out of the pit. Yet, despite their efforts, the group of frogs at the top of the pit were still saying that they should just give up as they would never make it out.

Eventually, one of the frogs took heed of what the others were saying and he gave up, jumping even deeper to his death. The other frog continued to jump as hard as he could. Once again, the group of frogs yelled at him to stop the pain and just to die.

He ignored them, and jumped even harder and finally made it out. When he got out, the other frogs said, 'Did you not hear us?'

The frog explained to them that he was deaf, and that he thought they were encouraging him the entire time."

Conversation Starters



Getting to Know Your Child

1. If you could have a conversation with anyone in history, who would it be? What would you want to ask them?
2. What is your earliest memory?
3. Of what are you most proud?
4. If you could change one thing about your appearance, what would it be?
5. If you had to choose three words to describe yourself, what would you say?

Family

1. What do you think makes a family close?
2. Is the discipline in our family fair?
3. What is the best thing about our family?
4. If you could change one thing about each of your parents, what would it be?
5. What are the most important things your parents have taught you?

Values and Character

1. If someone you loved was very sick but could not afford the medicine to get better, would it be okay to steal the medicine?
2. Everybody makes poor choices sometimes. Do you remember a time when you made a choice you later regretted? Did some part of you know that was a bad idea? What kept you from listening to that part of you? How could you support yourself to make a different choice if that happened again?
3. Do you swear? How many of your friends swear? What do you think about swearing?

Learning

1. What is your favorite time of the typical school or work day?
2. What do you think makes the most difference in how others do at school or work — hard work, innate ability, supervision, attitudes, environment, etc.?
3. Does it make sense to admit students to colleges based only on academic achievement or should racial and ethnic diversity be considered? Do you think children from wealthier school districts have an unfair advantage?