



VILLAGERS' NEWS

3505 16th Street, NW, Washington, DC 20010, www.kaylasvillage.org, kaylasvillage@aol.com, (240) 292-8773 **February 2020**

National Dental Health Month

Dental hygiene is one of the most important things we can teach our children. Unfortunately, getting children to brush and floss their teeth is like, well, pulling teeth. If we want to protect our children from having their teeth actually pulled at some point, we must show them the benefits of proper dental health. Teaching children about good oral hygiene is vital to keeping them healthy. By developing good habits in one area, it will be easier for children to develop good habits in other areas of their lives.

On August 3, 1859, the American Dental Association (ADA) was founded by 26 dentists who met in Niagara Falls, New York. The first ADA president was William Henry Atkinson, a dentist from Cleveland and a pioneer in dental surgery. On February 8, 1949, the first national Children's Dental Health Day was celebrated by the ADA. In February, 1981, dental health had its first month-long celebration.

Ways to Celebrate National Dental Month:

1. Send a letter to the editor of your local newspaper or even organize an event at nearby elementary schools in order for students to learn about dental hygiene.
2. Create arts and crafts projects. The ADA website (www.ada.org) has many fun activities like downloadable puzzles and coloring pages.
3. Brush and floss together to make this a regular part of your daily activities with children because children learn best when they have an adult to show them the right way.

Training Comments~

"While attending CEU sessions, the facilitators were phenomenal. They shared their knowledge with us. Keep up the good work. After all these years, you're still standing!"

Board Members

Scott Perry, Chair
Sarah Aleem
Tonya Logan
Michelle Neal
Samuel Tramel

**seeking board members*

Editor

Janet Holmes

"Help others to cope with their problems and you will then more easily cope with your own."

Did you know?

- Dreamt is the only word that ends in mt
- The 3 most common languages in the world are Mandarin Chinese, Spanish, and English
- A cat has 32 muscles in each ear
- Goldfish can see both infrared and ultraviolet light



Clean Humor



TV-Free Activity:

What if...?

Fire up imaginations. To start, ask what life would be like if...

People could fly.

The world turned upside down and we walked on the ceiling.

The sun never set.

People were the pets and pets were the owners.

Ways to Help Us Help Others

www.escrip.com

500017420

https://secure.escrip.com/jsp/group/power_reg2/accept.jsp

www.paypal.com

Tax-deductible donation
26-1727782

We accept cars, cell phones, laptops, iPods, empty inkjet and laser printer cartridges, GPS devices, MP3 players, and digital cameras.

Advertise via our website!

\$25.00 for FREE events

\$100.00 for PAID events
and job vacancies

Conversation Starters

Friendship/Peers

Who is your best friend and why?

Values and Character

Do you think it is ever okay to share a secret that you were told in confidence? When and why?

School/Work

Do you respect your teachers/supervisors? Why or why not?

Do you think they respect you?

Bullying

Do you ever get teased or bullied? What could you do or say?

Seminars & Events

http://kaylasvillage.org/seminars__events

Current villagers receive \$10.00 off future training once referral attends. Mention at training so card may be mailed.

We are considering a training package!

What We Say Matters
February 26, 2020

2-Day Supervisor Approval
March 9/March 16, 2020

We will happily bring training to YOUR organization!



Personalized, signed copies available for \$15 (\$5.00 additional shipping)

Visit the Kayla's Village Facebook and LinkedIn pages for "Interactive Inspiration."

Inspiration

Video:

"Don't quit until you've got nothing left."
<https://youtu.be/-sUKoKQIEC4>

Story:

"Struggling Will Make You Stronger"

Once upon a time, a man found a butterfly that was starting to hatch from its cocoon. He sat down and watched the butterfly for hours as it struggled to force itself through a tiny hole. Then, it suddenly stopped making progress and looked like it was stuck.

Therefore, the man decided to help the butterfly out. He took a pair of scissors and cut off the remaining bit of the cocoon. The butterfly then emerged easily, although it had a swollen body and small, shriveled wings.

The man thought nothing of it, and he sat waiting for the wings to enlarge to support the butterfly. However, that never happened. The butterfly spent the rest of its life unable to fly, crawling around with small wings and a swollen body.

Despite the man's kind heart, he did not understand that the restricting cocoon and the struggle needed by the butterfly to get itself through the small hole were God's way of forcing fluid from the body of the butterfly into its wings to prepare itself for flying once it was free.

Supporter Spotlight: Scott M. Perry



Scott, a native Washingtonian, is the program manager at Edgewood/Brookland Family Support Collaborative. He was drawn to this field because after working in the area of profit management, he became disillusioned by the unnecessary challenges and barriers employees brought into the workplace. Scott realized his passion “on the helping side of things to assist people in navigating their barriers.” He most enjoys “when my participants realize they have choices and options in life.”

When asked to describe his personality, Scott said he is nonchalant, observant, analytical, and cynical. Day trips are of interest and when asked to share a little known or fun fact, he jokingly replied, “If I share that, then it won’t be little known!” Interestingly, Scott has been known to ride an elephant! For fun, he enjoys movies and to take care of himself. He said, “I pray and when I’m finished praying, I thank God for what I prayed.”

For over six years, Scott has been affiliated with Kayla’s Village in large part because it “exists to help others help others.” He is the current board chair.

Scott’s favorite quote is, “I never did give them hell. I just told the truth, and they thought it was hell.”

Village Values

- ♥ One-on-one seminars
- ♥ Current villagers receive \$10 credit once referral attends
- ♥ Seminar topics considered based on training evaluations
- ♥ Social work licensing prep series
- ♥ Gift card opportunities for participating in contests
- ♥ Inexpensive advertising of job vacancies and events
- ♥ Robust recycling program
- ♥ “Interactive Inspiration” via Kayla’s Village Facebook
- ♥ CEU certificate same day
- ♥ FREE parking at seminars
- ♥ Clinical supervision
- ♥ Notary public on-site
- ♥ Attend 3 seminars, 4th FREE!
- ♥ Therapy in Silver Spring or Columbia and referral to nurse practitioner as needed
- ♥ During seminars, door prize opportunities

Coming 2020...

- ♥ Training package
- ♥ Self-reflection series
- ♥ Expanded training topics
- ♥ Joint two-day conference
- ♥ Carwash at identified events
- ♥ Movies for Category II CEUs
- ♥ 2-day social work supervisor-approval series

Recommended by Tonya Logan



DJ

Chris Jones, (240) 273-2934

Electrician

Ron Warrick, (301) 672-2003

Exterminator

Louis, (301) 418-5995

House Cleaning

Martha Argueta, (240) 781-9752

HVAC

Todd Kornegay, (301) 219-2803

Water Purification

Lew Martin, (301) 401-2257

Yard Work/Snow Removal

Marvin Duarte, (240) 370-1523