



Continuing Education

“Who Am I Now?” Revisiting Identity in the Journey through Grief

Presenter: Roberta Rook, LCPC, Bereavement Counselor

Many people who have experienced profound loss describe themselves as forever changed, adapting to a “new normal” in their lives. They confront an essential question in the wake of their loss, “Who am I now?” And personal change in response to grief can occur at any stage of life, regardless of one’s age. This workshop will explore the many ways bereaved adults confront change in the way of their being and seeing the world post-loss, and how we as professionals might best facilitate an exploration of new life directions which benefits their adaptation and growth.

Cost is \$40. Free to Hospice of the Chesapeake volunteers.

3.0 Category I continuing education units for social workers licensed by the Maryland Board of Social Work Examiners.

Friday, October 12, 2018

9 a.m. - 12:15 p.m.

(Registration opens at 8:30 a.m. Coffee and fruit will be provided.)

Chesapeake Life Center

at Hospice of the Chesapeake

9500 Medical Center Drive-Suite 250

Largo, MD 20774

Chesapeake Life Center at Hospice of the Chesapeake is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category I continuing education units.

Please visit chesapeakelifecenter.org

or call 888.501.7077 to register.

Roberta Rook, LCPC is a Licensed Clinical Professional Counselor with over 20 years of experience in the field of counseling. For the past 16 years, she has been working as a Bereavement Counselor and Program Coordinator for Chesapeake Life Center, the grief counseling department of Hospice of the Chesapeake. Roberta received a post-graduate Certificate in Thanatology (the study of death, dying, and bereavement) in 1999, and also became a Facilitator in the expressive therapeutic technique known as SoulCollage® in 2006. She has conducted trainings and presentations on grief-related issues for hospice staff, volunteers, and professionals from the community at large.
